



Friday, September 28th, 2007
9:00 am – 3:30 pm

Halle Heart Center
American Heart Association
2929 S. 48th St.

Evidence-Based Health Promotion and Disease Prevention Workshop!

Arizona Department of Economic Security and Arizona Department of Health Services invite you to join your colleagues from Area Agencies on Aging and Local Health Departments for a one-day workshop in Phoenix, Arizona. Evidence-Based Health Promotion and Disease Prevention Programs have proven to be effective in reducing the risk of disease, disability and injury in older adults. The workshop will demonstrate how the results of research from the Department of Health and Human Service's National Institute on Aging, the Centers for Disease Control and Prevention, the Agency for Healthcare Research and Quality and others can be effectively translated into practice at the community level through service providers for the aging. Evidence-based programs can be accessible and affordable prevention services to older adults.

Special Guest

Mary Altpeter, Ph.D., University of North Carolina Institute on Aging

Dr Altpeter is the Associate Director for Program Development with an extensive background in Social Services. She is a nationally recognized expert in the field of Evidence-Based Programs.

Draft Agenda

8:30-9:00am	Registration
9:00-9:15am	Welcome and Introductions
9:15-10:15am	Making the Case for Evidence-Based Health Promotion for Older Arizonans
10:15-10:30am	Break
10:30-11:30am	What is Evidence-Based Health Promotion?
11:30-12:30am	Lunch
12:30-2:00pm	Networking and Building Partnerships Across the Aging and Public Health Networks
2:00-2:15pm	Break
2:15-3:30pm	Partnership Next Steps in Arizona

Workshop Objectives

Workshop participants will be able to:

- Examine demographic data describing the impact of an aging population and the need for health promotion and disease prevention across the lifespan.
- Identify how evidence-based programming can improve the outcomes of health promotion programs.
- Review the essential components of evidence-based health promotion programs.
- Describe the importance of evaluation in health promotion programming and why it is a key component of evidence-based programs.
- Summarize resources for finding and implementing evidence-based, health promotion programs.
- Plan next steps for implementation of evidence-based, health promotion programs in Arizona.

Registration

If you are interested in participating in the workshop, please contact Diana Toussaint, R.D., Nutrition and Wellness Specialist within the Division of Aging and Adult Services by Friday, August 31, 2007 at 602-542-6434 and dtoussaint@azdes.gov.

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